

“PREPAREDNESS IS THE ONLY WAY WE CAN COMBAT A NATURAL DISASTER”.

Safety Precautions during Thunderstorm

(In view of Western disturbance alert in some states of India)

- Stay inside during thunderstorms.
- Use flashlights instead of candles.
- **Don't touch electrical points.**
- Don't open the refrigerator or freezer.
- Don't try to use a gas appliance to keep warm.
- Ask a grown - up to unplug all electronic appliances.
- Don't play near portable generators or heaters.
- Stay away from damaged or downed power lines.
- **Don't wash your hands, shower, wash dishes or do laundry. Metal pipes in the plumbing can also conduct lightning (Water and metal can both carry an electrical current).**
- **Remove dead or overhanging tree branches that could fall on your house if the tree is struck by lightning.**
- Avoid corded phones. However, cordless or cellular phones are safe to use during a storm.
- Avoid concrete floors and walls.
- Avoid taking shelter under a tree.
- **If no shelter from lightning is available, squat down and put your hands on your knees with your head in between to make yourself a smaller target.**
- **If you're in a group of people, spread out (atleast 4 - 5 m away from each other).**